

| <b>Program</b>  | <b>Fee</b>  |
|---|---|
| <b>Health Assessment and Follow-up Support</b>  | <i>A minimum of 90 days is required for implementation</i>  |
| Online Health Assessment; and Online Health Coaching modules – for health plan members <sup>1</sup> | No additional charge. Includes: <ul style="list-style-type: none"> <li>• Access to online health assessment (English/Spanish)</li> <li>• Online individual report (English/Spanish)</li> <li>• Group aggregate management report (generated for groups with 20 or more health assessment participants)</li> <li>• Health assessment completion report</li> <li>• Communication toolkit</li> <li>• Access to Online Health Coaching modules</li> </ul> |
| <b>Support for health plan members<sup>1</sup></b>  |   |
| Paper health assessment   | A set up fee applies (waived if purchasing a follow-up program)<br>Fees apply per questionnaire ( <i>bulk shipped</i> )<br>Fees apply for report and postage per participant per year   |
| Follow-up programs:   | A set up fee applies  |
| Phone-based Lifestyle coaching  | Fees apply per participant<br>Phase I per participant per year (enrollment phase). Includes: <ul style="list-style-type: none"> <li>• Welcome kit</li> <li>• Five call attempts plus one no-reach letter to enroll participant into next phase</li> </ul> Phase II per participant per year (participation phase). Includes: <ul style="list-style-type: none"> <li>• Up to 12 counseling sessions per year</li> </ul>                                |
| Mail-based Lifestyle Coaching   | Fees apply per participant  |
| <b>Support for non-health plan members<sup>1</sup></b>  | Set up fee applies for non-health plan members  |
| Online Health Assessment; and Online Health Coaching modules  | Included in set-up fee  |
| Paper health assessment   | Fees apply per questionnaire (bulk shipped)<br>Fees apply for report and postage per participant per year   |
| Follow-up programs:   |   |
| Phone-based Lifestyle coaching  | Fees apply per participant<br>Phase I per participant per year (enrollment phase). Includes: <ul style="list-style-type: none"> <li>• Welcome kit</li> <li>• Five call attempts plus one no-reach letter to enroll participant into next phase</li> </ul> Phase II per participant per year (participation phase). Includes: <ul style="list-style-type: none"> <li>• Up to 12 counseling sessions per year</li> </ul>                                |
| Mail-based Lifestyle Coaching   | Fees apply per participant  |

**For additional health assessment and follow-up program information and pricing, please contact your BlueLink TPA sales representative**

▪ <sup>1</sup> **Members** - defined as an employee, spouse, and dependents 18 years of age or older.