

## Pre-Certification/Pre-Authorization Request Form Early Intensive Behavioral Intervention (EIBI) Services

### Patient / Provider Information

|                              |             |   |  |                            |  |
|------------------------------|-------------|---|--|----------------------------|--|
| Patient name:                |             | Provider name:  |  | Degree/License type:       |  |
| Patient address:             |             | Type of review:<br><input type="checkbox"/> Initial <input type="checkbox"/> Concurrent |  | Provider address:          |  |
| Subscriber name:             |             | Clinic name:  |  | Clinic ID (if applicable): |  |
| Group #:                     | Provider #: | NPI:  |  | Provider phone:            |  |
| Member ID:                   |             | Patient DOB:  |  | Provider fax:              |  |
| <b>Axis I:</b>               |             | <b>Axis II:</b>   |  |                            |  |
| <b>Axis III:</b>             |             | <b>Axis IV:</b>   |  |                            |  |
| <b>Axis V: (GAF) Current</b> |             | <b>Highest in last 12 months</b>  |  |                            |  |

### Treatment Information

| Have the components of the diagnostic assessment for autism spectrum disorders, as described in Medical Policy X-43, been completed? Yes <input type="checkbox"/> No <input type="checkbox"/> |                         |  |
|---|-------------------------|--|
| Date psychological testing performed  | Testing Provider's Name | Name of psychological tests performed<br><i>(Please send a copy of the most recent testing results/interpretations with the service request)</i> |
|   |                         |  |
|   |                         |  |
|   |                         |  |
| Planned start date or date therapy started:   |                         | Number of sessions to date:  |
| Requested number of hours per week:   |                         | Dates requested: from      to  |
| Supervising mental health professional:   |                         | Estimated length of treatment:   |
| Lead behavior therapist:  |                         |  |
| Multi-disciplinary Team Members & credentials:  |                         |  |
| Parent/guardian authorizes treatment: Yes <input type="checkbox"/> No <input type="checkbox"/>  |                         |  |
| Parent education and support services available:  |                         |  |

### Education Information *Please answer these questions if the patient is age six (6) or above*

|   |
|---|
| School attended (hours per day):                    |
| Indicate coordination plan with educational system: |
|   |

Fax form to: (651)662-0854 or mail form to:  
Behavioral Health, P.O. Box 64668, St Paul, MN 55164-0668

## Treatment Plan (*Sample*)

### GOAL #1

| Date                           | Description of Target Symptom/Behavior  | Treatment Intervention  | Treatment Goal                                  | Progress Update  | Projected Date of Completion   |
|--------------------------------|---|---|---|--|--|
| Initial Request                | Include objective baseline measures for each target symptom/behavior in terms of frequency, intensity and duration. | Include specific methods involved and number of treatment hours in terms of frequency and duration. | Targeted outcome of the treatment intervention. |  | Estimated date when patient should be able to complete the treatment goal. |
| First Review Date (6 months)   |   |   |   | Document progress towards goals.<br><br>Include objective measures used for determining progress.<br><br>Indicate if goal has been met or suspended. |  |
| Second Review Date (12 months) |   |   |   | Document progress towards goals.<br><br>Include objective measures used for determining progress.<br><br>Indicate if goal has been met or suspended. |  |

*The Treatment plan section could go on to include as many goals as the provider wishes to identify and work on.*

- ✓ **For prompt processing of your request please submit the patient's most recent treatment plan and complete ALL fields on the authorization form.**

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## Treatment Plan

GOAL # :

| Date                           | Description of Target Symptom/Behavior | Treatment Intervention | Treatment Goal | Progress Update | Projected Date of Completion |
|--------------------------------|--|------------------------|----------------|-----------------|------------------------------|
| Initial Request                |  |                        |                |                 |                              |
| First Review Date (6 months)   |  |                        |                |                 |                              |
| Second Review Date (12 months) |  |                        |                |                 |                              |

*Please make additional copies of this page for subsequent treatment goals.*

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## Discharge Planning

### Signatures

\_\_\_\_\_  
Clinical Supervisor / credentials

\_\_\_\_\_  
Date

\_\_\_\_\_  
Lead Behavior Therapist/credentials

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian signature

\_\_\_\_\_  
Date

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